







# **Our Vision**

An informed and responsive community that actively works to prevent suicide and bring hope and support to those affected by suicide.

# **Our Mission**

We work to prevent suicide through education, awareness, and partnerships with our community.

# **Our Values**

- Outcomes
- Research
- Responsibility
- Strengths-Based Approaches
- Communication
- Collaboration
- Knowledge

## **Overview**

The Franklin County Suicide Prevention Coalition's (FCSPC) strategic planning process occurred from January to July of 2021, and the results are based on an analysis of the current state of the FCSPC, local data, national and state plans (e.g., Centers for Disease Control and Prevention Preventing Suicide: A Technical Package of Policy, Programs, and Practices, the Suicide Prevention Plan for Ohio, and the National Strategy for Suicide Prevention), and a clear vision. The FCSPC leadership believe that this strategic plan helps strengthen the FCSPC's ability to work to prevent suicide through education, awareness, and partnership with the community. The FCSPC is hosted by Mental Health America of Ohio (MHAOhio) and funded by the Alcohol, Drug and Mental Health Board of Franklin County (ADAMH).

# **Our Vision for 2023**

Building on the strengths of the community's systems and residents' resiliency, the FCSPC is a well-known and respected leader in suicide prevention, intervention, and postvention evidence-based practices. The FCSPC's membership is diverse and represents the communities being served. All strategies apply a coordinated community approach to capacity building to respond to community needs. As a result, there is improved coordination, collaboration, and integration among systems and the number and rate of suicides has reduced across all populations.

# **Strategies**

- 1. Build a Collective Impact Systems Approach
- 2. Serve as a Suicide Prevention Leader & Resource for Franklin County
- 3. Promote Evidence-Based Suicide Prevention Strategies



# Strategy 1: Build a Collective Impact Systems Approach

The FCSPC will use a Collective Impact (CI) approach to improve coordination among different partners and align community suicide prevention initiatives around shared objectives. CI uses five conditions to achieve success: a common agenda, shared measurement systems, mutually reinforcing activities, continuous communication, and a backbone organization.

#### **OUTCOMES**



The FCSPC is integrated with other organizations around a common agenda (e.g., agreement on target populations, strategies, and timeline)



Shared suicide prevention metrics are established



Ongoing assessment of FCSPC membership to inform engagement



Established funding beyond MHAOhio (ADAMH) to support work



The FCSPC has a specific defined role within a CI approach

# Strategy 2: Serve as a Suicide Prevention Leader & Resource for Franklin County

The FCSPC has a wealth of knowledge and resources related to suicide prevention but is relatively unknown throughout the community. Therefore, the FCSPC has determined that there is a need for strategies to position itself as a primary resource for suicide prevention.

### **OUTCOMES**



Communications and marketing success



The FCSPC is viewed as a primary resource by organizations engaging in any form of suicide prevention



**Educational** events



Community plans include FCSPC strategies



Members represent the FCSPC in local and state-level groups



FCSPC is invited to speak at state and/or national conferences

# **Strategy 3:** Promote Evidence-Based Suicide Prevention Strategies

The FCSPC acts as a think tank and resource to the community by promoting evidence-based practices and using relevant local, state and national data to drive suicide prevention.

### **OUTCOMES**



Increased awareness and use of evidence-informed and community-driven practices



Increased access to data regarding suicide deaths, risk factors, and protective factors



Identified set of metrics related to suicide that will be reviewed regularly by the FCSPC



Consistent suicide data reporting to identify and monitor emerging trends across Franklin County's diverse populations



Decreased number and rate of deaths by suicide and suicide attempts



Enhanced FCSPC advocacy capacity

# Appendix A. Alignment with Suicide Prevention Plan for Ohio and Centers for Disease Control and Prevention (CDC) Preventing Suicide Technical Package

#### **FCSPC Strategy 1: Build a Collective Impact Systems Approach**

Ohio Strategy 3: Ohio will build suicide prevention capacity and infrastructure at the organizational, local, and state levels

Goal 4: Explore opportunity to build capacity that address identified social determinants, barriers to care, and factors that contribute to the suicide rate. Promote the use of Ohio's Community Collective Impact approach to address community trauma and suicide with community planning entities.

**CDC Strategies** 

Strengthen economic supports.

Promote connectedness.

Teach coping and problem-solving skills.

Lessen harms and prevent future risk.

#### FCSPC Strategy 2: Serve as a Suicide Prevention Leader and Resource for Franklin County

Ohio Strategy 1: All Ohioans will recognize the warning signs and risk factors of suicide and respond appropriately.

Goal 1: Strengthen the public's knowledge and ability to promote wellness, recognize suicide risk and take appropriate action for self and others.

Goal 2: Provide training to community groups, families, and other individuals in a person's support system on the prevention of suicide-related behaviors.

Ohio Strategy 2: Ohio will concentrate efforts on integrating suicide prevention practices and suicide care, including postvention, into high-impact systems, including health care, public safety, and education.

Goal 2: Provide training to clinical and social service providers on the prevention of suicide and other related behaviors .

#### Appendix A. Cont.

FCSPC Strategy 3: Promote Evidence-Based Suicide Prevention Strategies	
Ohio Strategy 1: All Ohioans will recognize the warning signs and risk factors of suicide and respond appropriately.	Goal 2: Provide training to community groups, families, and other individuals in a person's support system on the prevention of suicide and related behavioral.
	Goal 3: Encourage safe storage of firearms, medication, and other lethal means.
Ohio Strategy 2: Ohio will concentrate efforts on integrating suicide prevention practices and suicide care, including postvention, into high-impact systems, including health care, public safety, and education.	Goal 1: Integrate suicide-specific care across health care, behavioral health care, and addiction treatment organizations.
	Goal 2: Provide training to clinical and social service providers on the prevention of suicide and other related behaviors.
	Goal 3: Integrate suicide prevention best practices and suicide-specific care across educational systems, including Educational Service Centers.
Ohio Strategy 3: Ohio will build suicide prevention capacity and infrastructure at the organizational, local, and state levels.	Goal 3: Increase understanding of the function and capacity of local fatality review boards.
	Goal 4: Explore opportunities to build capacity that address identified social determinants, barriers to care, and factors that contribute to the suicide rate.
CDC Strategies	Strengthen access & delivery of suicide care.
	Identify and support people at risk.
	Create protective environments.

# Acknowledgements







The FCSPC thanks its volunteers and partners for all the expertise, energy, and time they contributed in collaboratively developing this plan to prevent suicide and bring hope and support to those impacted by suicide in Franklin County.

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